

Golden Ears Winter Club

Return to Play 2020/2021 Plan



Version 1 - September 22, 2020

This document is reflective of curling being in Phase 3 of the Curl BC and ViaSport Guidelines. They are subject to change based on the directives we receive from the Provincial Health Organization, Via Sport, Curl BC, Curling Canada, WorkSafeBC and our Municipality

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It is imperative that we as a club work together to mitigate the risk of transmitting Covid-19. We ask that you please respect that the Board and Management team, along with direction from our governing bodies, have put together this plan for your safety and the safety of your fellow members. It is important that all individuals understand that when you choose to participate in physical activities outside the home during a pandemic you may be at an increased risk of being exposed to and contacting Covid-19. This is an inherent risk of participating in activities in your community where you may interact with other individuals.

A. Message from our President

A message to Golden Ears Winter club members,

I would like to take this time to thank each and every one of you for registering this year to participate in our favourite sport. The board of directors along with our managers - Dean and Shannon - have been working hard since March to make sure the club is as safe as we can make it for you.

I am, like many of you in the high risk age group, also with my background as a dental assistant, am very aware of sanitizing procedures. I am doing everything I know how to do to make curling safe for everyone!

As with everything else in these days of COVID it will be a different experience, all of the changes will be outlined for you in this information packet.

We have done our part, now we need you to do your part - follow the rules outlined here, your fellow club members depend on you to keep them safe.

As Dr. Bonnie Henry says "be kind, be calm and be safe."

Terry Hawley

President, Golden Ears Winter Club



B. Overview

Golden Ears Winter Clubs Board of Directors and Management team have spent several months developing its operating and safety plans in compliance with both the Government of BC's orders, guideline's provided by CurlBC, Curling Canada, Via Sport and WorkSafeBC. In surveying our membership we have found that the majority of the curlers were comfortable returning in the fall as long as we, the club, had adequate safety measures in place.

The Board of Directors met to work through budgeting scenarios to best determine if it was financially viable for the club to open the doors this upcoming season. They have also completed a Risk Registry and identified the high level risks to curlers and staff during the pandemic.

The Board and Management are committed to protecting the health and safety of our staff and curlers and this has been our number one focus as we look to re-open our doors in the fall.

It is important to remember that things are fluid and ever changing based on the directives given to us by our Provincial Health Officer and Governing Authorities.

C. Illness Policy

PRIORITY #1 STAY HOME IF YOU ARE NOT FEELING WELL

If you are not feeling well in any way, STAY HOME. This is not a request; it is a requirement.

Do not risk other members of GEWC getting sick because you wanted to curl or didn't want to let your team down. It is imperative that everyone make all efforts to prevent Coronavirus from entering our community.

If someone on the ice is not feeling well, we request that members of that person's team ensure he/she goes home. Skips – please take your leadership role seriously in this regard.

If you feel sick or have symptoms pertaining to COVID-19 please stay home.

GEWC Illness Policy: *Appendices 1*

In Summary:

- Stay home if you are feeling sick, or have contracted any suspected case of COVID-19.
- Comply with self-isolation or quarantine Provincial Health Officer Orders.
- Practice good hand hygiene.
- Maintain 6 ft / 2m physical distancing at all times.
- Masks are mandatory
- Read and follow all signs and floor markings.
- Read and understand all facility guidelines and policies (this Handbook).
- Adhere to game start times and schedules.
- Sign all required documents prior to each game (Health Declaration /Contact tracing forms)

D. Safety Measures

Touchless foot door handles have been installed on the two right hand doors entering the club.

Golden Ears Winter Club hired Zero Blast to sanitize all surfaces with a durable protective shield to protect against microbes.

Regular cleaning and sanitization will occur between draws and leagues, both on the warm side of the glass and the cold side of the glass. As a result you will be limited on where you can be in the building at certain times. Leagues will not be permitted to start early or finish late to allow time for sanitization. Please adhere to these timelines. They are a necessary part of our Safety Plan.

Many of the interior doors will be propped open to allow for touchless entry wherever possible.

Masks are **mandatory** when moving about the facility on the warm side of the glass. Once you are seated at a table you may remove your mask. If you forget your mask, there will be some for purchase in the pro-shop. Note, the wearing of a mask during a curling game will be up to the player's discretion. Sport Med BC does not recommend wearing a mask when sweeping.

If you would like to access the pro-shop/office area, please be aware that there is a max of 2 people allowed in the office area at one time – this is in addition to the management team. The pro-shop will not be as fully stocked as normal, however every effort will be made to maintain adequate stock of common items and obtain any other items in a

prompt manner. We will be doing an order in November, so if there is anything specific you would like, please advise the office.

For the time being, we will not be allowing spectators/additional family members/friends into the building as we need to master the flow of traffic and other logistics before we consider additional people in the building. If you have a team coach, he/she is allowed in the building with the team. This person will be required to sign a Health Declaration Form and to provide their contact information. (To be reviewed monthly)

E. Registration

Registration is to be completed online. Everyone needs to register and PAY online by October 6, 2020. Payment has been divided into two halves. A total of 21 weeks of curling will be offered.

For those that require additional help with registration or need to pay in person, there will be an opportunity to come to the club on Sept 30th from 10-2pm to register and pay. Please email shannon@gewc.ca to set up an appointment.

This season more than ever it is critical that people register by October 6th.

We need time to create a Contact Tracing logbook for each league as by registering we ensure your name is in that logbook.

Significantly more preparation is necessary this year, related to leagues and schedules, due to the variety of Covid-19 restrictions. Please abide by this deadline date.

F. Arrival Times

If you are the **FIRST** draw of your day/evening league, you can arrive 30 minutes prior to your draw time, if you are the **SECOND** draw of your day/evening league, your arrival time is 15 minutes prior to your draw time. This is to allow for traffic flow to get in and out of the building, to allow for less congestion, appropriate social distancing and cleaning/sanitization to occur.

Upon completion of your 2 hour draw you have 10 minutes to exit the building or head to the upper lounge.

At this time, curlers are **not** permitted in the upstairs lounge **before** their draw time. (To be reviewed monthly)

G. Lower Lobby Protocols

Upon entry into the club, each member must sign a Health Declaration form – this is mandatory EVERY time you curl at the club. This will also act as our contact tracing which is also mandated by our health authorities. There will be a table with a binder for each league as soon as you come into the club; you will sign-in based on what league you are playing in. Sanitized pens will be provided.

Check what sheet of ice your team is playing on prior to arriving at the club. Each league rep will have emailed the team contact with the draw; if you forget, the draw will be posted near the front entrance of the club. Please find what sheet of ice you are scheduled to play on, the color of rocks you are throwing and go straight to the table in the lower lobby that has that sheet number/color posted on it.

Tables and chairs have been strategically placed in the lower lobby; **do not move the tables and chairs** from their location as they have been set up to ensure proper social distancing.

There are four chairs per table, labeled 1 (lead) 2 (second) 3 (third) 4 (skip). There will be hand sanitizers at each table and a bucket of wipes located beside your table; we ask that you sanitize your chair and table. Please fold your chair upon departure so the next person knows that chair has been sanitized. The chairs and tables will be regularly sanitized throughout the day, however a best practice is for you to sanitize your chair and table before and after your game.

Prior to the start of the game, please remain seated at your table until the buzzer goes off. There will be NO access to the ice shed until the buzzer rings. Teams on Sheets 2,4, 6 will access the ice shed first and start their games at the **away** end immediately. Once games begin on the first three sheets, teams on Sheets 1,3,5 may enter the ice shed and start their games at the **home** end.

Arrive dressed and ready to play; the locker rooms will be accessible for those that wish to have a locker this season. We are fortunate that we have adequate space to allow for 4 people in the locker rooms (2 per side) and maintain social distancing. You are only getting your equipment out of your locker; these locker rooms are for storage of your equipment and **not** to be used as a CHANGE room. Note - the washroom in the locker rooms will not be available for use.

Washrooms in the lobby area will have a max capacity of 2 people at a time.

H. On Ice Protocols and Rules

Teams are comprised of 4 players.

Once a player chooses his/her two rocks at the beginning of the game, the same rocks must be used by that player for the duration of the game.

A best practice is to clean the running surface of the stones with your broom head.

Coin toss for hammer, or use a stopwatch, only one person touches the coin or stopwatch. The team starting WITH hammer is responsible for marking the score for **both** teams. Only ONE person (third) to mark the score during the entire game. The scoreboard numbers will be sanitized prior to each league game.

Players stand on the west side of the sheet (“left” when looking from the home end of the ice). For example, if you are playing on Sheet 2, always walk or position yourself on the sideline to sheet 1.

There will be designated physical distancing “**freeze here**” markers along the west side of the sheets between the hoglines. These are to be used by the non-delivering team (excluding the skip).

Only 3 teammates are involved in each stone delivered:

- 1 Calling shot and line
- 1 Sweeping
- 1 Delivering the stone

The fourth player is:

- Sitting out and standing on the designated “**freeze here**” marker on the backboards

Non-delivering team:

The two sweepers of the non-delivering team should be positioned on the “**freeze here**” markers while the other team is throwing. The player of the non-delivering team whose turn is next to deliver should be positioned at the hogline on the same side as the two sweepers on the “**freeze here**” marker closest to the hogline.

The person in charge of the house will stand on the backboards or behind the hack.

Delivering team:

The skip has control of the house. The player whose turn it is to deliver is in the hack. The non-active sweeper is on the backboards standing on the “**freeze here**” marker. The active sweeper is at the t-line. Once the stone has been released, the player who delivered the stone can follow the rock, while maintaining at least two meters from the active sweeper or can return to the west side of the sheet and stand on the “**freeze here**” marker at the delivering end. The non-active sweeper returns to the hogline and stands on a “**freeze here**” marker.

After the stone comes to rest, the sweeper proceeds to the “**freeze here**” marker at the delivering end on the west side.

Only ONE sweeper allowed on all delivered stones. The active sweeper can only sweep his/her team's stones. The skip/third in the house must move to accommodate the incoming sweeper.

There is no relaying (a second sweeper taking over part way down the sheet). The person in charge of the house is NOT allowed to sweep under any circumstances.

The skip of the non-delivering team must remain on the backboards or behind the hack area until all stones come to rest, to maintain proper distancing.

Sweepers can alternate between shots or between delivering players; teams are encouraged to share sweeping duties amongst teammates as much as possible.

A best practice is to have the player who is shooting next, stand on the “**freeze here**” marker closest to the t-line. The person who is NOT sweeping should be positioned on the second “**freeze here**” marker closest to the t-line and the person who is sweeping should be positioned on the third “**freeze here**” marker closest to the t-line.

Only the skip **OR** the third may stand on the backboard or behind the hack when the opposition has control of the house. The other player (skip or third) must wait on the “**freeze here**” marker at the hogline closest to the playing end.

Example:

- After the third's last stone is delivered he/she to wait on the “**freeze here**” marker at the hogline closest to the end of play until his/her team gains control of the house
- The third may discuss the shot from a 2m distance with the skip
- The skip will leave to the other end to deliver their stone
- After the skip delivers the stone he/she may:

- Slide to the end of play and wait on the “**freeze here**” marker at the hogline until his/her team regains control of the house; the third will wait on the backboards or behind the hack while the opposition has control of the rings

At the conclusion of each end, players may move stones that are not their own, but must do so with their broom or their foot on the side of the rock and avoid any contact with the handle. Maintain social distancing while doing so.

Games are 2 hours max in duration; a buzzer will ring at the 1hr 45 minute mark, which indicates you are in your last end of play. If a measurement is required when the buzzer rings, quickly finish the measurement and play the next end.

Win/Loss and scores (if applicable) are to be emailed to your league rep to track.

All stone handles will be sanitized prior to each league game. If you would like to do an additional cleaning, please designate one player per team to clean your stone handles.

No handshakes. Wish your opponents “good curling” from an appropriate distance, or with a socially distanced broom tap.

There will be hand sanitizer and wipes at both ends of the ice.

There will be shelves at the home end of each sheet to allow for teams to place their personal items on. All belongings must be placed on or under the shelving to keep the walkway clear.

These shelves will be cleaned prior to each league game. Shelves will be clearly marked **Red** or **Blue**: use the shelf based on what color your team is throwing for that game.

Measuring – remove your gloves and sanitize your hands prior to touching the measuring stick. After the measurement is complete, return the device to its resting place, sanitize your hands and put your gloves back on.

Water Fountain – we have a touchless water fountain, please bring your own water bottle to fill, do not drink out of the spout of the water fountain

Upon the completion of your game, please depart the ice shed. **Do not** mop your sheet of ice, this will be done by the ice tech.

You are welcome to go back to your designated table to change your shoes. Please remember to sanitize your chair and table once you are done for the next group coming in behind you.

No loitering; we ask you please depart the building or head up to the lounge (if open) immediately after your game.

Do not leave personal belongings in a shared space within locker rooms, lobby area or lounge. Be swift in handling your curling equipment and shoes, both pre and post game. Please return all personal belongings to your locker or vehicle before moving to other locations of the facility.

I. Lounge Protocols

Liquor sales must cease by 10pm and patrons must leave the facility by 11pm. (As per the PHO Public Order)

Self-service bar with a limit of 7 patrons in line at one time. Social distanced markers will be on the floor to indicate where to stand.

The tables will be configured in the lounge with 4 chairs. There will be a few tables allowing a max of 6 patrons, provided these 6 are in the same social bubble. All tables and chairs have been strategically placed in the lounge; **do not move the tables and chairs** from their configuration.

NO Cash transactions. You can pay by credit and debit. The POS will be cleaned and sanitized regularly.

There will be plexiglass installed at the bar for the safety of the bartender and the patrons

Washrooms will have a max capacity of 2 people at a time.

Once seated remain seated other than to use the washroom or get bar service. When in motion please ensure you have your mask on; when seated you can have your mask off.

When you are done at your table, you can choose to leave your glassware at the table for the bartender to pick up, or you can place your glasses in the tub that will be set up at a designated table near the bar area.

GEWC bartenders will sanitize tables and chairs on patron turnaround. There will be wipes if you would like to wipe your own table and chair.

The pool table and piano will not be in use.

No dancing will be permitted.

J. Spares

Spares must be an active paid curler of Golden Ears Winter Club. All spares must complete the health declaration/contact tracing form prior to stepping on the ice.

K. Bonspiels

At this time, all GEWC social bonspiels have been cancelled in the first half of the season. We will re-evaluate the status of our bonspiels in December and decide if we will run events in the second half of the season.

King Cash World Curling Tour Event

The club anticipates running our WCT King Cash Spiel Dec 4-6, 2020; however, under the guidance of Curl BC and Viasport, we will make a final decision on this in November.

L. Capacity

Please pay attention to the posted maximum capacity signage throughout the facility. It is critical that we comply with these posted restrictions.

- Lower Lobby – 50
- Ice Shed – 50
- Office – 4 people total including staff
- Ladies Locker Room – 4; 2 per side
- Men's Locker Room - 4; 2 per side
- Washrooms (Lounge and Lower Lobby) – 2
- Concession - 2
- Upstairs lounge – 70 (non-events); 50 (events)
- Bar service area – 2 staff

M. Practice Ice/Open Ice

The club will identify when/if practice ice/open ice will be available.

N. Equipment

There will be minimal “Club Equipment” (grippers, brooms, step-on sliders, sliding aides) available for rent or use by members.

Rental brooms, step-on sliders and sliding aids will be in bins clearly marked “sanitized”.

When you return the equipment, leave it in the bin clearly marked “returns”; it will be sanitized by staff before it is re-used.

If you require grippers, please see management.

Curlers are asked to bring their own equipment if possible.

O. Ice and Lounge Rentals

Rentals of the facility will be addressed on a case by case basis by the board and management.

P. Additional Resources

Curl BC Guidelines:

<https://www.curlbc.ca/wp-content/uploads/2020/07/Return-to-Curling-Guide.pdf>.

Curling Canada Guidelines

https://www.curling.ca/files/2020/07/CC-Manual_Return-to-Play_CAN_EN.pdf

ViaSport “Return to Sport” Guidelines:

<https://www.viasport.ca/return-sport>

Covid-19 Ice Layout

<https://www.curlbc.ca/wp-content/uploads/2020/07/BC-Covid-19-Ice-Layout.pdf>

Appendices 1

GOLDEN EARS WINTER CLUB

Illness Policy

In this policy, “Team member” includes an employee, volunteer, participant or parent/spectator.

1. Inform an individual in a position of authority (coach, manager, program/league coordinator) immediately if you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Assessment

a. Team members must review the self-assessment signage located throughout the facility each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.

b. Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.

c. If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.

3. If a Team Member is feeling sick with COVID-19 symptoms

a. They should remain at home and contact Health Link BC at 8-1-1.

b. If they feel sick and /or are showing symptoms while at work, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.

c. No Team Member may participate in a practice/activity if they are symptomatic.

4. If a Team Member tests positive for COVID-19

a. The Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.

b. Any Team Members who work/play closely with the infected Team Member will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.

c. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.

5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test a. As with the confirmed case, the Team Member must be removed from the workplace/practice/facility.

b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.

c. Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

d. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19

a. Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.

b. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.

c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

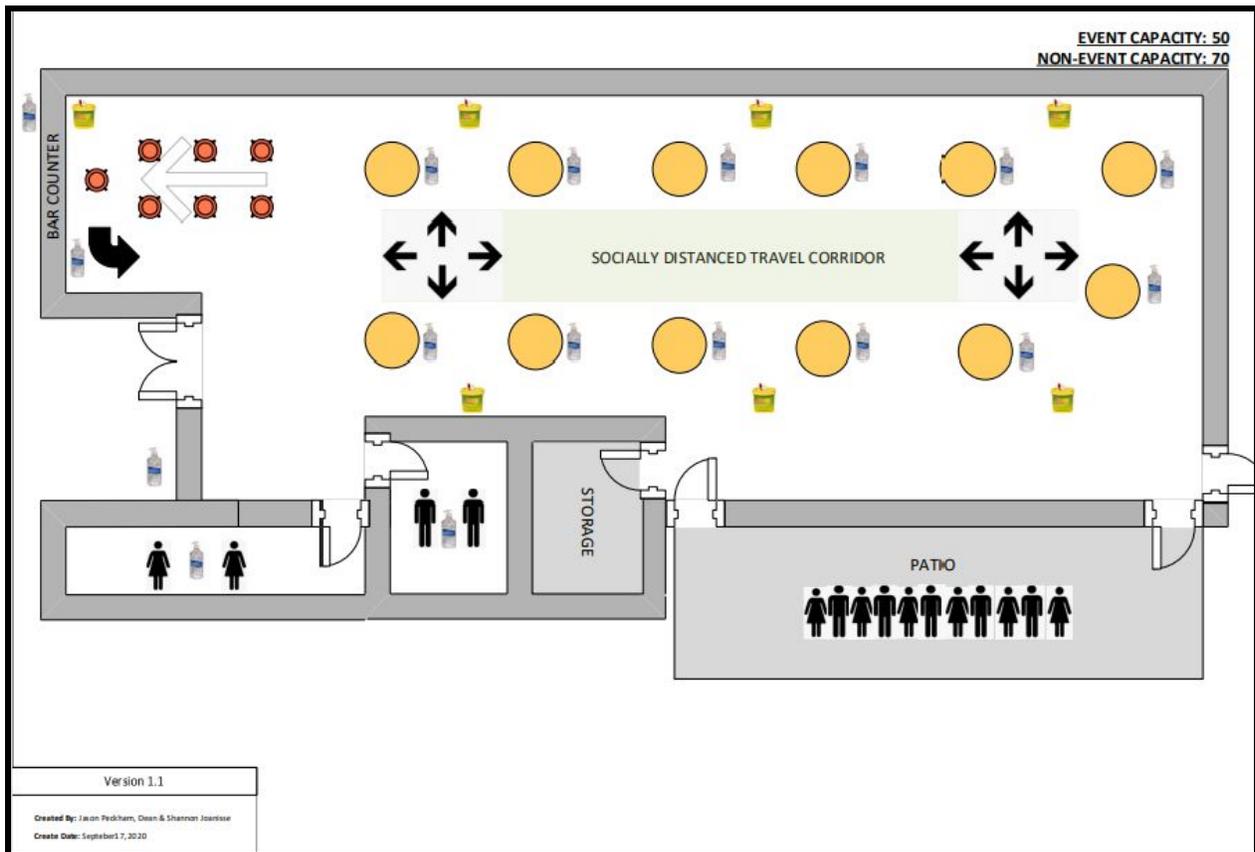
7. Quarantine or Self-Isolate if:

- a. Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- c. Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d. Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.

Appendices 2

FLOOR PLANS

UPPER LOUNGE



LOWER LOBBY

